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TRAVEL ITINERARIES

Find What You Love

— IN NEW YORK STATE —



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— IN NEW YORK STATE —



- Arts, Culture and Outdoor Wonders
- From the Great Lakes to the St. Lawrence
- Majestic Mountains and Pristine Waterways
- Small Town Charms and Cultural Treasures
- Along the Paths That Shaped Our Nation's Destiny

- Mountain Views and Cascading Streams
- Historic Homes and Scenic Vistas
- Big Apple Thrills
- Seaside Treasures

Travel Itineraries

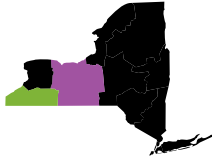


FIND WHAT YOU LOVE
IN NEW YORK STATE

Discover vibrant cities and peaceful villages as you tour New York State's scenic shorelines, main streets and rolling mountains. Here, you can get lost in history, camp under a canopy of stars and explore vast natural wonders and Mother Nature's most awe-inspiring playgrounds. With thousands of acres of wilderness, tons of history and miles of beautiful coastline, there's something for everyone. So come find what you love in New York State.

Let your adventures begin with our suggested itineraries to help get you started on a journey you'll never forget. For more itinerary suggestions, as well as lodging and dining options, visit iloveny.com or download the **I LOVE NY app**.

Arts, Culture and Outdoor Wonders



REGIONS:

CHAUTAUQUA-ALLEGHENY, FINGER LAKES

DAY 1: Begin your quest for culture and beauty with a visit to the **Chautauqua Institution** for concerts, performances, lectures and tours of America's second largest historic district. Then, top off the day with a scenic lakeside tasting tour on the **Chautauqua-Lake Erie Wine Trail**.

DAY 2: Start your second day in high spirits with a stop in Jamestown to check out sets from "I Love Lucy" at the **Lucille Ball Desi Arnaz Museum** before heading over to the brand-new **National Comedy Center**, the only museum dedicated to comedy in the entire country.

Next, off to the **Seneca-Iroquois National Museum** in Salamanca where visitors are introduced to the culture and history of the Onöndowa'ga:' and the Hodinöhsö:ni' people. Finally, make your way back to your tent or cabin and rest your head under the stars in the Enchanted Mountains of **Allegheny State Park** where you can enjoy swimming, hiking and fishing.



Allegheny State Park | Salamanca



Glenn H. Curtiss Museum | Hammondsport



Rockwell Museum | Corning

DAY 3: Spend the next morning along the shores of Keuka Lake strolling through the quaint streets of Hammondsport—"America's Coolest Small Town." Be sure to visit the **Glenn H. Curtiss Museum** to follow planes, cars and motorcycles on an adventure through time. Next up, travel to the **Corning Museum of Glass** where you can witness spectacular glass exhibits and even blow your own glass. From there, hop across the river to the **Rockwell Museum**, named one of the top 10 best small-town museums in the U.S. End the night with a dinner cruise aboard **Captain Bill's Seneca Lake Cruises** in Watkins Glen.

DAY 4: For your final day, walk the gorge through **Watkins Glen State Park** then continue north along the Seneca Lake Scenic Byway stopping at Seneca Lake's fine wineries and the **Sampson Military Museum** in **Sampson State Park** along the way. Or, drive to Cayuga Lake and take the Cayuga Lake Scenic Byway to visit its wineries and **Taughannock Falls State Park**. The park features some of the best swimming in the Finger Lakes as well as the highest falls in New York State, plunging 215 feet past rocky cliffs that tower nearly 400 feet above the gorge.

More information: iloveny.com/CA • iloveny.com/FL



Athenaeum Hotel | Chautauqua



Chautauqua Institution | Chautauqua



Lucille Ball Desi Arnaz Museum | Jamestown



Watkins Glen State Park | Watkins Glen



Cayuga Lake Wine Trail



Taughannock Falls State Park | Trumansburg

From the Great Lakes to the St. Lawrence



REGIONS:

CHAUTAUQUA-ALLEGHENY, GREATER NIAGARA, FINGER LAKES, 1000 ISLANDS

DAY 1: Begin on the shores of Lake Erie where you can visit wineries, swim and camp at **Lake Erie State Park**. And for a magnificent view of the lake, don't miss **Dunkirk Lighthouse**. Then, there's plenty of culture in Buffalo. Take your pick between Canalside's **Buffalo and Erie County Naval and Military Park** or the world-class art collection at the **Albright-Knox Art Gallery**. You can also tour historic Franklin Lloyd Wright architecture at **Graycliff Estate** and the 20th Century architectural masterpiece, the **Martin House Complex**. Or, see lions and tigers at the **Buffalo Zoo** then go shopping in the trendy **Elmwood Village** before winding down for dinner at the **Anchor Bar**, which changed the course of American food history in 1964 by inventing the Buffalo-style chicken wing.

DAY 2: It's time to check the awe-inspiring **Niagara Falls** off your bucket list but this state park has more than one thrilling attraction to offer. With interactive exhibits, miles of hiking trails and delectable dining options in a family-friendly environment, **Niagara Falls State Park** is filled with adventure-packed experiences like the **Cave of the Winds**, **Maid of the Mist** and jet boat rides on the rapids of the mighty Niagara River. History buffs can also witness living history at the **Old Fort Niagara State Historic Site**, where stands the impressive 1726 French Castle that recreates colonial life and depicts the struggles that led to the birth of the United States and Canada.

DAY 3: Keep having fun on the water with an underground boat tour of the historic **Erie Canal at Lockport** or a canal boat ride through the famed 19th century marvel **Flight of Five Locks**. From there, enjoy the wineries on the **Niagara Wine Trail** along scenic Lake Ontario and take a refreshing dip or body surf in the lake at **Wilson Tuscarora State Park** or **Hamlin Beach State Park**. The sunsets are spectacular at **Golden Hill State Park** where you can stay in a lighthouse or yurts along the shore. Finally, spend your last bit of energy in Rochester where you can visit **The National Museum of Play**, the **George Eastman Museum** (the world's oldest museum of photography) and the **Seneca Park Zoo**.



Graycliff | Derby



Cave of the Winds | Niagara Falls



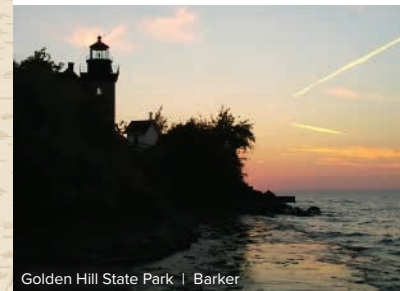
Lockport Cave | Lockport

DAY 4: Along the shore of Lake Ontario the scenic vistas continue at **Chimney Bluffs State Park** with its out-of-this-world formations created by erosion. If the day is sunny, then head to **Fair Haven Beach** for a dip in its turquoise water. Next, head up the shoreline to **Fort Ontario State Historic Site** where an 1840's fort is built on the ruins of three earlier fortifications. Pause in Pulaski, a popular sport-fishing destination for salmon and steelhead, on your way to the quaint village of Sackets Harbor. Here, you'll find **Sackets Harbor Battlefield Historic Site** which was the center of American naval and military activity during the War of 1812.

DAY 5: Spend the last leg of your trip in the Thousand Islands Seaway. Explore enchanting shoreline villages, relax on the freshwater beaches and scuba dive in some of the clearest water in the world. Then, tour the island castles of **Boldt Castle** and **Singer Castle** or enjoy watching oceangoing ships, majestic sunsets and sightseeing as you take a magical boat ride down the St. Lawrence River.

More information:

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iloveny.com/FL • iloveny.com/1000



Golden Hill State Park | Barker



Fort Ontario State Historic Site | Oswego



Thousand Islands

Majestic Mountains and Pristine Waterways



REGION:
THE ADIRONACKS

DAY 1: Your Adirondack adventure begins in Adirondack Park, the largest park in the lower 48 states, where you can enjoy boundless activities amid a vast natural wilderness. Start at Lake George, the crown jewel of the Adirondacks once proclaimed by Thomas Jefferson to be “without comparison, the most beautiful water I ever saw.” Cruise the pristine lake on the famous **Minne-Ha-Ha Steamboat**, visit **Fort William Henry** or take in the thrills at **Six Flags Great Escape & Splashwater Kingdom** then dine and stay at **The Sagamore**, a luxurious family-friendly resort.

DAY 2: Get adventurous in North Creek on day two. Enjoy spectacular whitewater rafting on the Hudson River Gorge. And **Gore Mountain** is an adrenaline lover’s dream, with excellent mountain biking trails during the warmer months and one of the Northeast’s top family-friendly alpine skiing centers during the winter. If you prefer to take it all in at a slightly slower pace, take a rail-biking tour on historic railroad tracks through the Adirondack forest or explore North Creek’s variety of shopping, dining and lodging options.

DAY 3: Next, visit Blue Mountain Lake and the **Adirondack Experience** museum in the heart of the Adirondacks before traveling to Tupper Lake’s **Wild Center**, where you can take a wild walk through the treetops or see native fish, reptiles and river otters. The Adirondack wilderness also offers boundless opportunities for hiking and camping, whether you prefer backpacking or a site along its many lakes. Finally, make your way to Lake Placid for Adirondack luxury with fine dining and world-class lodging.



The Wild Center | Tupper Lake



Whiteface Mountain | Wilmington



Lake Placid

DAY 4: Spend the next day in and around Lake Placid, an outdoor paradise with world-class facilities. Find one-of-a-kind thrills, like summer bobsled runs at the **Olympic Sports Complex** or ice skating on the **Olympic Oval**. If you’re into mountain sports, you’ll love hiking and camping in the High Peaks, cycling scenic byways or mountain biking the many trails. For the history buff, visit **John Brown Farm**, the well-preserved former home and final resting place of the well-known abolitionist. As the evening sun sets, take a walk around Mirror Lake, have dinner with a mountain view or enjoy music in the park. In the winter, Lake Placid is a snow-lover’s dream with **Whiteface Mountain** boasting some of the best skiing in the east, lots of trails for snowshoeing and plenty of cozy cabins to warm up in at the end of the day.

DAY 5: As you make your way back through the Adirondack wilderness, discover the bucolic villages of Inlet and Old Forge—winter meccas for snowmobiling enthusiasts and summer havens for outdoor pursuits such as camping, hiking, boating and swimming. Old Forge is also home to **Enchanted Forest Water Safari**, New York’s largest water theme park. Before ending your journey, stop to enjoy a ride on the **Adirondack Scenic Railroad** or rent a kayak and paddle the pristine Moose River, an ideal spot for picnicking, swimming and wildlife viewing.

More information: iloveny.com/AD



Lake George Steamboat Company | Lake George



Hudson River Gorge



Adirondack Experience | Blue Mountain Lake



Rocky Mountain | Inlet

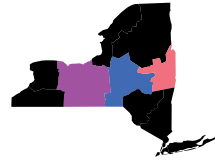


Moose River



Adirondack Scenic Railroad | Thendara

Small Town Charms and Cultural Treasures



REGIONS:

FINGER LAKES, CENTRAL NEW YORK, CAPITAL-SARATOGA



Suffrage Park | Seneca Falls

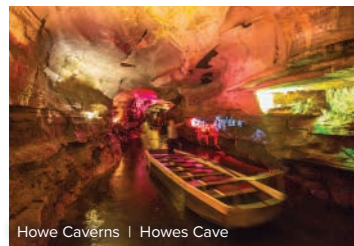
DAY 1: Start your historic journey in Seneca Falls at the **Women's Rights National Historic Park**, the birthplace of Women's Rights. Then head to the **George Bailey Bridge** immortalized in the movie "It's a Wonderful Life." Continue your drive along picturesque Cayuga Lake to the storybook town of Aurora known for its world-class inns, wines and ceramics.

DAY 2: Onward to the flag-lined sidewalks of Cazenovia with shops, restaurants and events that keep the community bustling with activity. Next, head to **Chittenango Falls State Park** with its impressive 167-foot waterfall. As you continue along historic Route 20, if your timing is right (usually the third week of August) go antique hunting in Bouckville at the largest antiques and collectibles show in New York. Travel to Cooperstown to stay in the grand **Otesaga Resort** on the shore of Otsego Lake.

DAY 3: Start the day getting to know Cooperstown, a quintessential Rockwell-esque village. Learn about the legions of America's favorite pastime at the **National Baseball Hall of Fame**. Get a taste of 19th century rural life with a visit to the **Farmers' Museum**. Then, view American masters at the **Fenimore Art Museum** and, on summer evenings, enjoy internationally-acclaimed opera at the beautiful lakeside **Glimmerglass Festival**.

DAY 4: On your final day, take a stroll a million years back in time at **Howe Caverns**. 156 feet below the surface a dramatic tour and an underground boat ride take you past impressive stalactites and other ancient rock formations. Above ground, everyone will enjoy **Howe Cavern's Adventure Park**, complete with a ropes course, zip line and rock wall. Next, experience Native American culture through the window of traditional arts and crafts at the **Iroquois Indian Museum**. Wrap up your trip in Albany with a tour of the historic **New York State Capitol**, a visit to the **New York State Museum** or a boat ride on the Hudson River.

More information: iloveny.com/FL • iloveny.com/CNY



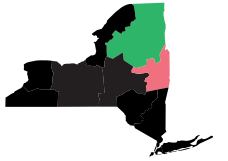
Howe Caverns | Howes Cave

Photo courtesy of This is Cooperstown



National Baseball Hall of Fame | Cooperstown

Along the Paths That Shaped Our Nation's Destiny



REGIONS:

CAPITAL-SARATOGA, THE ADIRONDACKS



Saratoga Race Course | Saratoga Springs

DAY 1: Start your trip off right with thrilling thoroughbred horse racing at **Saratoga Race Course**. Then, head to **Saratoga Spa State Park** where you can enjoy performances including the New York City Ballet, The Philadelphia Orchestra, and jazz, pop and rock concerts throughout the summer. Finish the day in Saratoga Springs' vibrant downtown, which has world-class lodging, dining and shopping.

DAY 2: Follow in the footsteps of Colonial soldiers at **Saratoga National Battlefield**—known as the turning point of the American Revolution. Then, visit the home of American General Philip Schuyler, the father-in-law of Alexander Hamilton. From here, head to Glens Falls to visit the **Hyde Collection** with works from da Vinci, Rubens, Whistler and Homer. While there, stop at the **Coopers Cave Overlook**, made famous by James Fenimore Coopers' novel *The Last of the Mohicans*. Finally, continue to the shores of Lake Champlain and **Fort Ticonderoga**, the star-shaped fort that defined North America during the French and Indian and Revolutionary wars.

DAY 3: Continue your historical adventure at **Crown Point State Historic Site**, which is the ruins of two fortifications from the colonial wars. Stop and have lunch in the quaint community of Westport, the birthplace of the Adirondack chair. Farther up the coast of Lake Champlain is **Ausable Chasm**, the Grand Canyon of the Adirondacks, where you and your family can go back 5 million years in time and hike, float, or climb along the Ausable River. The village of Ausable Chasm is also the home of the **North Star Underground Railroad Museum**. All along Lake Champlain you can enjoy camping, swimming, boating and fishing but be sure to keep a lookout for Champ, Lake Champlain's "monster."

More information: iloveny.com/CS • iloveny.com/AD



Ausable Chasm | Ausable

Photo courtesy of Fort Ticonderoga



Fort Ticonderoga | Ticonderoga

Photo courtesy of Ausable Chasm

Mountain Views and Cascading Streams



REGION:
THE CATSKILLS

DAY 1: Get acquainted with the musical history of the area at **Bethel Woods Center for the Arts** located on the site of the historic 1969 Woodstock Festival. The Center hosts performances by classical, rock, country, pop and jazz artists and features multimedia displays celebrating the 1960s. Then, take the Upper Delaware Scenic Byway for beautiful views of Delaware River before trading the car for a canoe or kayak as you paddle around Downsville.

DAY 2: Start day two with a stroll on the **Catskill Rail Trail** before heading to Arkville to shop and eat. Then, on to Mount Tremper to view the world through the “world’s largest kaleidoscope” and take a ride on the **Catskill Mountain Railroad**. A few mountains over on **Hunter Mountain**, you can experience the highest and longest zipline in North America before turning in for the night at **The Roxbury**, named one of the best hotels in North America by *NatGeo Traveler*.

DAY 3: Begin the last day of your stay in Kingston visiting the **Hudson River Maritime Museum** to see the beautiful vintage boats and the historic 1913 **Rondout Lighthouse**. Or, if you’re feeling more adventurous, hike to the top of the fire tower on **Overlook Mountain** and see the surrounding Catskill Mountains, the Hudson River and the Berkshire Mountains. Finally, on to Woodstock. Stroll the streets, galleries and shops and enjoy a streamside or fireside meal at many of the fine cafes and restaurants.

More information: iloveny.com/CT



Bethel Woods Center for the Arts | Bethel



New York Zipline Canopy Tours | Hunter



Rondout Lighthouse | Kingston

Historic Homes and Scenic Vistas



REGION:
HUDSON VALLEY

DAY 1: Wander along a woodland path and enter the year 1750 as history comes alive at **Philipsburg Manor** in Sleepy Hollow. Then, listen to the tales of Washington Irving in nearby **Sunnyside** before making your way to the hilltop paradise of **Kykuit**—the preeminent Hudson Valley estate owned by generations of the Rockefellers and known for its art, architecture, gardens and spectacular scenery.

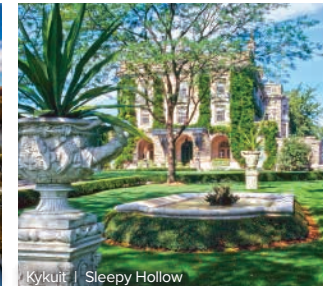
DAY 2: Start with a stroll over the Hudson on the world’s longest pedestrian bridge at **Walkway Over the Hudson State Historic Park** then embark on a grand estate tour at **Locust Grove Estate**, home to artist and inventor Samuel Morse. Next, head to the **Vanderbilt Mansion National Historic Site** to tour the gilded summer cottage of the Vanderbilt family. Continue on to the **Home of Franklin D. Roosevelt National Historic Site** before traveling down the road to **Val-Kill**, Eleanor Roosevelt’s home. After working up an appetite, enjoy world-class dining at the **Culinary Institute of America**.

DAY 3: Get your spirits soaring as you marvel at WWI flying shows at the **Old Rhinebeck Aerodrome**. Then, it’s time for more exploring with a tour of **Clermont State Historic Site**, the estate of United States founding father Robert Livingston, and the **Thomas Cole National Historic Site**, home and studio of the founder of the Hudson River School of Art. Then, view the sunset overlooking the Hudson River at **Olana State Historic Site**, the home of famed Hudson River School artist Frederic Church, before finishing the day dining and antiquing in Hudson.

More information: iloveny.com/HV



Walkway Over the Hudson State Historic Park | Highland



Kykuit | Sleepy Hollow



Old Rhinebeck Aerodrome | Red Hook

Middle photo courtesy of New York Zipline Canopy Tours

Big Apple Thrills



REGION:
NEW YORK CITY

DAY 1: Midtown—See the city from above at the **Empire State Building** or the **Top of the Rock** then head to **Rockefeller Center** and go backstage with tours of **NBC Studios** or **Radio City Music Hall**. Feel the rush and excitement of **Times Square** and dine along restaurant row before catching a Broadway show.

DAY 2: Uptown—Head to Fifth Avenue and visit Museum Mile which includes the **Guggenheim**, the **Metropolitan Museum of Art** and the family-friendly **Museum of Natural History**. Then, hit the Fifth Avenue shops like Tiffany’s, Cartier, Saks Fifth Avenue, American Girl Place, Apple or Bergdorf Goodman’s with its dining room overlooking **Central Park**. Don’t forget to check out Macy’s Herald Square, the world’s largest department store, or Madison Avenue’s chic shops like Armani, Gucci, Fendi and the famous Barney’s department store.

DAY 3: Downtown—Cruise New York Harbor on the **Staten Island Ferry** with views of lower Manhattan and the **Statue of Liberty**. Then, visit the powerful **National September 11 Memorial and Museum** before heading to **One World Observatory** at the top of One World Trade, the tallest building in the western hemisphere. From there, take a 15-minute stroll across the **Brooklyn Bridge** and make your way to Prospect Park which houses the **Brooklyn Botanical Garden** and the **Brooklyn Museum**. Or, if you want to go the extra mile, take the subway all the way to Coney Island to enjoy the thrills of **Luna Park**, a ride on the Cyclone roller coaster and a bite to eat at **Nathan’s Famous Hot Dog**.

More information: iloveny.com/NYC



Times Square | New York City



Fifth Avenue | New York City



Staten Island Ferry | New York City

Seaside Treasures



REGION:
LONG ISLAND

DAY 1: Start by seeing how the other half lives with a visit to the **Gold Coast Mansions** and **Caumsett State Historic Park Preserve**, the extravagant estate of department store heir Marshall Field III. Continue to the **Vanderbilt Museum**, the estate of William K. Vanderbilt II, to enjoy the Mansion and Planetarium Tour as well as panoramic views of Long Island Sound. There’s also the grand mansion **Coe Hall at Planting Fields Arboretum State Historic Park**, guided historical tours of **Old Westbury Gardens** and the home of Theodore Roosevelt at **Sagamore Hill National Historic Site**. Take a break from the glitz and glam to experience life as it was on Long Island during the 19th century at **Old Bethpage Village Restoration**. Then return to the lap of luxury with shopping and dining along “Miracle Mile” in Manhasset.

DAY 2: Get your thrill on with shark diving at the **Long Island Aquarium** or stay on the other side of the glass to view penguins, sea lions, fish and fauna from around the world. Next, take the **North Fork Trail Scenic Byway** to visit Long Island’s wine country. Continue on to **Montauk Point Lighthouse** for a mesmerizing sunset you won’t soon forget.

DAY 3: Lastly, make it a beach day—or a beach week! From Coopers Beach to Montauk, Long Island is home to some of the finest beaches on the Atlantic coast.

More information: iloveny.com/LI



Old Westbury Gardens | Old Westbury



Montauk Point Light | Montauk



Long Beach Barrier Island | Long Beach



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